

#TeamIrfon Pier to Pier Swim 07/09/19 Terms and Conditions

Whilst every effort shall be made to ensure the safety of #TeamIrfon Pier to Pier Swim participants the event organisers cannot be held liable for any accidents or injuries sustained.

All swimmers and kayakers MUST register to take part in this swim no later than midnight on Thursday 29th August 2019

All Swimmers must:

- Wear the swimming hat they are provided with by the event organisers
- Accept responsibility to ensure that they are physically fit and trained for a swim of approximately two miles in distance in cold tidal water with cross currents
- Be capable of completing the distance in a maximum of 1.5 hours
- Wear a wetsuit
- Provide an estimated swim time for 400m (and indicate if that is in a pool or open water) when registering AND indicate if they will be available for a practice swim on Saturday 31st August
- Arrive for on the day registration no later than 15:20 at Beaumaris Pier on Saturday 7th September
- Be present for the on-the-day briefing on Beaumaris Pier
- Must arrange for a family member or friend (a designated contact) to meet them at the end of the swim at Bangor Pier. This designated contact must provide warm clothing, a towel and, whilst warm drinks and a snack will be provided for all participants, the designated person should have snacks as well.

All Kayakers must:

- Have a seaworthy kayak/canoe, preferably with toggles on front and back
- Wear a buoyancy aid or life jacket and have paddles
- Wear waterproofs and warm clothing /or wetsuit
- Have a spray deck with release strap
- Have a whistle
- Be a competent paddler
- Have had experience of paddling in open tidal water
- Have experience of paddling in waves.
- Be confident in capsizing and in being rescued
- Preferably have the ability to roll
- Have experienced a swimmer holding on to their kayak/canoe
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- Be present for the on-the-day briefing on Beaumaris Pier
- Must arrange for a family member or friend (a designated contact) to meet them at the end of the swim at Bangor Pier. This designated contact must provide warm clothing, a towel and, whilst warm drinks and a snack will be provided for all participants, the designated person should have snacks as well.

All participants – swimmers and kayakers – please note:

- All registered swimmers and kayakers will be given more information from the swim organisers - Trystan Williams and Anna Jones – in the lead up to the event and on the day
- All registered swimmers and kayakers are required to sign a statement on the day of the event confirming that they have prepared themselves adequately and that, whilst the swim organisers have prepared to ensure that all risks are minimised, all Pier to Pier participants are taking part at their own risk
- The #TeamIrfon swim organisers (Awyr Las volunteers Trystan Williams and Anna Jones) reserve the right to cancel the race at any time if it is considered that the prevailing conditions put any swimmers, kayakers or volunteers at unnecessary risk
- The #TeamIrfon swim organisers (Awyr Las volunteers Trystan Williams and Anna Jones) and those acting on behalf of them on the day reserve the right to refuse to allow a swimmer or kayaker to start or complete the swim if they consider them to be at risk, or to pose a risk to the safety of themselves or other swimmers and kayakers
- The swim will be staggered (group of swimmers will start at different times from 4pm) for safety reasons, so all swimmers and kayakers will be put into swim-groups. The swim organisers and volunteer crew reserve the right to pull a swimmer out of the water at any time if they consider that a swimmer is holding others in the swim-group up too much
- There is no fee to participate in this event. All swimmers are asked to raise money for #TeamIrfon. There is no minimum sponsorship amount, but all swimmers **must** set up a Just Giving fundraising page and are encouraged to raise a minimum of £50 if possible. The donations raised cannot be returned in the event of cancellation through an act or omission outside the control of the organisers. An example of such an omission would be the onset of unfavourable conditions such as (but not limited to) the weather, a jellyfish warning, failure of key personnel to attend, a fuel spillage or such-like contamination.
- Places are limited for safety reasons. Please inform the organisers if you wish to withdraw your entry to allow another swimmer or kayaker the place.

This event is organised by volunteers operating on behalf of Awyr Las. The utmost care has gone into producing a safe event, and sensible precautions have been taken where necessary. Swimming is a potentially hazardous activity and it is a strenuous physical activity, and as such it carries a risk of injury. The decision to take part in this event is yours.

The charity and the volunteers organising this event and the companies helping with the logistics of the event are not liable for any injury or damage howsoever caused. All swimmers and kayaker take part in this event at their own risk.

#TeamIrfon Swim contact:

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